

## OUR PRICE LIST 2018

### La Maison du Relax - formula PLATINUM DETOX

The weekly cycle of therapy at La Maison du Relax begins on Tuesday morning and ends on Sunday  
Arrival on Monday after 5.00 p.m. - Check-out on Monday within 11.00 a.m

| from           | to           | Double room or<br>twin bedded room | Double room<br>single occupancy | Well-being holiday<br>companion |
|----------------|--------------|------------------------------------|---------------------------------|---------------------------------|
| 31.12.2017     | 08.01        | Euro 4.000,00                      | Euro 4.400,00                   | Euro 2.200,00                   |
| <b>P</b> 08.01 | 26.02        | Euro 2.900,00                      | Euro 3.300,00                   | Euro 1.600,00                   |
| 26.02          | 02.07        | Euro 3.600,00                      | Euro 4.100,00                   | Euro 2.000,00                   |
| <b>P</b> 02.07 | 30.07        | Euro 2.900,00                      | Euro 3.300,00                   | Euro 1.600,00                   |
| 30.07          | 27.08        | Euro 3.600,00                      | Euro 4.100,00                   | Euro 2.000,00                   |
| <b>P</b> 27.08 | 24.09        | Euro 2.900,00                      | Euro 3.300,00                   | Euro 1.600,00                   |
| 24.09          | 10.12        | Euro 3.600,00                      | Euro 4.100,00                   | Euro 2.000,00                   |
| <b>20.12</b>   | <b>31.12</b> | <b>Closed</b>                      |                                 |                                 |
| 31.12          | 07.01.2019   | Euro 4.000,00                      | Euro 4.400,00                   | Euro 2.200,00                   |

**P** PROMOTIONAL WEEKS

### General terms and conditions

The confirmation of reservation must be accompanied by the payment of a deposit.

The cancellation of the reservation must be made within 21 days before the date of the arrival.

Between 21 and 15 days before scheduled arrival we will withhold the 20% of the deposit.

Between 14 and 8 days before scheduled arrival we will withhold the 50% of the deposit.

Between 7 and 2 days before scheduled arrival we will withhold the 100% of the deposit.

One day prior to arrival or no-show we will withhold the total booked.

Please note that in the event of late arrival or early departure it is our policy to request full payment of the days reserved.

## Weekly packages PLATINUM DETOX at La Maison du Relax:

### THE PACKAGE INCLUDES:

- Full board: from the dinner of Monday, upon arrival, to the breakfast of the following Monday.
- Medical examination upon admission, including a functional and general clinical assessment, and the creation of anamnestic medical records.
- Daily medical check-up.
- Bio-resonance testing aimed at individual assessment and functional examination of organs and apparatuses, metabolism and organic “stressors”.
- Electrocardiogram (E.C.G.) including a specific cardiological evaluation.
- Blood test (Assessment of Food’s Impact - AFI).
- Oral administration of homeopathic, herbal, and homotoxicological medicines as a specific complement to the diet.
- Low-calorie and detoxifying diet aimed at weight loss and having an alkalinizing effect.
- Basic medical treatment for micro-nutrient recovery and functional integration with trace elements.
- Personalized slimming, detoxifying and energizing dietary therapy.
- Special immunomodulating and anti-aging diets.
- 6 Massage and physiotherapy treatments, customizable to meet specific needs, and aimed at muscular contractions, postural alterations, and osteo-articular issues.
- 6 beauty treatments ranging from circulatory massage, deep tissue massage and lymphatic drainage, including the evaluation of facial and body blemishes.
- 3 Hydro-massage treatments.
- 3 Turkish steam bath sessions (Hamman).
- 1 Electro-therapy for lymphatic drainage and tonification.
- 2 Polarity Treatments, a revitalizing digital acupoint pressure therapy aimed at relieving muscular tension and helping lymphatic and blood circulation.
- Do-in: daily meridian stretching.
- 2 Total Body Work-Outs. Complete musical fitness sessions combining the techniques of classical aerobics and floor exercises. This training aims at reactivating metabolism, shaping and toning up the body.
- Postural Gymnastics sessions. A set of exercises aimed at re-establishing muscular balance. They are beneficial to stiff and painful parts of the body and they restore a correct posture.
- Personal diet upon discharge, based on the results of the medical check-ups and progress made during the week.

### **Well-Being Week** (in double room, with person following treatment)

### THE PACKAGE INCLUDES:

- Full board accomodation (from the dinner of the arrival day to the breakfast of the departure day)
- Diagnostic medical examination
- Detoxifying diet