

## OUR PRICE LIST 2021

### La Maison du Relax - PLATINUM DETOX

The weekly cycle of therapy begins on Tuesday morning and ends on Sunday  
Arrival on Monday after 5.00 p.m. - Check-out on Monday within 11.00 a.m

from	to	Double room per person	Double room single occupancy	Well-being holiday companion
28.12.2020	11.01.2021	Euro 4.350,00	Euro 4.850,00	Euro 2.450,00
<b>P*</b> 11.01	01.03	Euro 3.250,00	Euro 3.750,00	Euro 1.850,00
01.03	05.07	Euro 3.950,00	Euro 4.450,00	Euro 2.250,00
<b>P*</b> 05.07	02.08	Euro 3.250,00	Euro 3.750,00	Euro 1.850,00
02.08	30.08	Euro 3.950,00	Euro 4.450,00	Euro 2.250,00
<b>P*</b> 30.08	04.10	Euro 3.250,00	Euro 3.750,00	Euro 1.850,00
04.10	20.12	Euro 3.950,00	Euro 4.450,00	Euro 2.250,00
<b>20.12</b>	<b>27.12</b>	<b>Closed</b>		
27.12.2021	03.01.2022	Euro 4.350,00	Euro 4.850,00	Euro 2.450,00

#### **P\*** PROMOTIONAL WEEKS

**DIAGNOSTIC TESTING AREA** (This additional package is valid in combination with PLATINUM DETOX FORMULA or WELLBEING HOLIDAY, only and exclusively for a full week stay)

- Ultrasound scan (upper abdomen, lower abdomen, thyroid, liver, kidneys, prostate gland, mammary gland).
- Doppler Ultrasound scan (Supra-Aortic Trunks, aorta, abdomen).
- Echocardiogram (Cardiac ultrasound scan).
- Moles check up.
- Specific blood tests (Impact Assessment of Food, Metabolic Profile Test, Renal Function Test, Liver Function Test, Thyroid Function Test).
- Intestinal Flora test (quantitative and qualitative analysis of intestinal bacteria).

Euro 1.150,00

### General terms and conditions

The confirmation of reservation must be accompanied by the payment of a deposit.  
The cancellation of the reservation must be made within 21 days before the date of the arrival.

Between 21 and 15 days before scheduled arrival we will withhold the 20% of the deposit.  
Between 14 and 8 days before scheduled arrival we will withhold the 50% of the deposit.  
Between 7 and 2 days before scheduled arrival we will withhold the 100% of the deposit.  
One day prior to arrival or no-show we will withhold the total booked.

Please note that in the event of late arrival or early departure it is our policy to request full payment of the days reserved.

## PLATINUM DETOX

### THE PACKAGE INCLUDES:

- Full board: from the dinner of Monday, upon arrival, to the breakfast of the following Monday.
- Medical examination upon admission, including a functional and general clinical assessment, and the creation of anamnestic medical records.
- Daily medical check-up.
- Bio-resonance testing aimed at individual assessment and functional examination of organs and apparatuses, metabolism and organic “stressors”.
- Electrocardiogram (E.C.G.) including a specific cardiological evaluation.
- Blood test (Assessment of Food’s Impact - AFI).
- Oral administration of homeopathic, herbal, and homotoxicological medicines as a specific complement to the diet.
- Low-calorie and detoxifying diet aimed at weight loss and having an alkalinizing effect.
- Basic medical treatment for micro-nutrient recovery and functional integration with trace elements.
- Personalized slimming, detoxifying and energizing dietary therapy.
- Special immunomodulating and anti-aging diets.
- 6 Massage and physiotherapy treatments, customizable to meet specific needs, and aimed at muscular contractions, postural alterations, and osteo-articular issues.
- 6 beauty treatments ranging from circulatory massage, deep tissue massage and lymphatic drainage, including the evaluation of facial and body blemishes.
- 3 Hydro-massage treatments.
- 3 Turkish steam bath sessions (Hamman).
- 2 Pressure therapy.
- 2 Polarity Treatments, a revitalizing digital acupoint pressure therapy aimed at relieving muscular tension and helping lymphatic and blood circulation.
- Do-in: daily meridian stretching.
- 2 Total Body Work-Outs sessions. Complete musical fitness sessions combining the techniques of classical aerobics and floor exercises. This training aims at reactivating metabolism, shaping and toning up the body.
- 2 Postural Gymnastics sessions. A set of exercises aimed at re-establishing muscular balance. They are beneficial to stiff and painful parts of the body and they restore a correct posture.
- Personal diet upon discharge, based on the results of the medical check-ups and progress made during the week.

### **Well-Being holiday** (in double room, with person following treatment)

### THE PACKAGE INCLUDES:

- Full board accomodation (from the dinner of the arrival day to the breakfast of the departure day)
- Diagnostic medical examination
- Detoxifying diet