

October month dedicated to... him!

Skin prevention



Dear Friends of Villa Paradiso and Maison du Relax, the traditional, annual appointment dedicated to him is just round the corner! A unique occasion for a one-week stay at our clinics while paying some special attention to your skin's prevention. **During the treatment and well-being protocols, indeed, we will be pleased to offer you, in the frame of our Prevention approach, a dermatological consultation inclusive of mole mapping (only for weekly stays).**

Promotion at **Villa Paradiso** from 6th October to 3rd November 2024

Promotion at **La Maison du Relax** from 7th October to 4th November 2024

Platinum Detox Program

Villa Paradiso - La Maison du Relax

- Double standard room single use
- Double standard room double occupancy

€ 4.750 instead of € 5.500

€ 4.200 per person instead of € 4.750

When skin matters, the importance of Prevention

An interview with Giorgio Gualdi, MD, Dermatologist

The sun (or, better, the UV-A and UV-B ultraviolet rays) has been filed by IARC, the International Agency for the Research on Cancer, among the confirmed human carcinogens responsible for skin cancers. It is essential to state that, as it happens with lots of carcinogens, it is the dose which makes the difference. The lengthening of the average life expectancy, the habits that lead us to live in the open air and the opportunities to travel in areas having high insolation levels, too, have been causing a growing exposure to solar radiation which, on its turn, coincided with an exponential increase in carcinomas and cutaneous melanomas. This means that we should go for a proper sun exposure attitude all year round, and not only in summertime, using suitable sunscreens. Furthermore, **it gets more and more important to carry out periodic check-ups of our skin.** In particular, a regular mole mapping plays a strategic role as, in case a melanoma appears, **time factor is essential:** the early removal of the melanoma, indeed, gives the patient the certainty of recovery.

For further information:

www.villaparadiso.com

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